

GET REAL MOVEMENT

the get
Real
move-
ment

After-School Ontario 2022



A zine from us to you(th)!

ABOUT THIS ZINE

The Get REAL Movement Ontario After-School program is a monthly meet up for 2SLGBTQ+ and ally youth ages 12-17 to come together and build skills and community.

This year, the program ran virtually, allowing students from across the province to join in.

The program ran with support from TikTok, allowing participation to be completely free to youth.

The group collaborated throughout the school year to brainstorm, plan, and eventually create this zine you have in front of you. It is a heartfelt compilation of art, writing, and music from members of our group. We share this in hopes that it helps someone else to feel a little less alone, and inspires them to love their true self

For more about Get REAL or our program, check out www.thegetrealmovement.com

"We have to be visible. We are not ashamed of who we are."
Sylvia Rivera

ALL OF THE WORLD



To my parents, Lolo, Lola, and Ethan,

I have spent a lot of time thinking about who I am and who I want to be. Sometimes I question this too much and get consumed by gender envy, causing me to drift away from friends and those I love. I don't mean to, I'm still learning how to handle these emotions. I hope that your perception of me won't change because of this.

I originally wrote this song in early 2021. I had a clear vision of what I wanted it to sound like, what instruments to use, what harmonies and adlibs I'd sing, etc. Unfortunately, I've been very busy these days and wasn't able to create what I wanted to. I hope to share a better version with all of you someday.

-Love, Jules


Click or scan the code to listen!





ALL OF THE WORLD

BY JULES (SHE/THEY)


Long nights
Spent sat
In the shower by myself
Where I thought
Am I me?
Or am I really someone else?

These shoes 
Aren't my size
And I hate the way I dress
The people outside
Say you're a little **self-obsessed**

 But you
Live in dreams
Broken realities 
I'll figure it out
I'll do it by myself

I envy you
Your hair
Your eyes
Everything about you



And I 
Wanna be you
My love but I am just a fool

Cause if I 
Were to **change**
The way I saw myself today

Would you
Keep your word
Would you love me still
With all of the world?

Today
I talked
With a friend and he said to me

It's normal
To think
Your life isn't what it's supposed to be

But you
Make it seem
Like it's simple for me 
To find out myself
You talk as if you'll help 

I envy you
Your hair
Your eyes
Everything about you

ALL OF THE WORLD

BY JULES (SHE/THEY)

And I
Wanna be you
My love but I am just a fool



Cause if I
Were to change
The way I saw myself today

Would you
Keep your world
Would you love me still with all of



The world is still changing
And we're getting older
Life is awaiting
And burdens to shoulder



But I'm still unchanging
My mind's getting younger
You're life's awaiting
And we're growing farther

But I still **envy you**
Your hair
Your eyes
Everything about you
.....

And I
Wanna be you
My love but I am just a fool

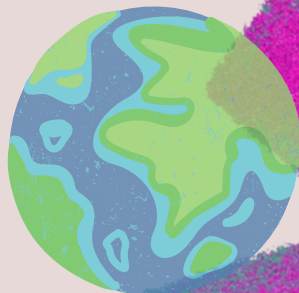


Cause if I
Were to change
The way I saw myself today



Would you
Keep your world
Would you love me still
With all of the world

OH...



Comic about Alan L. Hart by Jonas

Alan L. Hart was born October 4th, 1890 in the US.

In 1918, he married Inez Stark, had a hysterectomy, and legally changed his name to Alan L. Hart.



He was assigned female at birth.



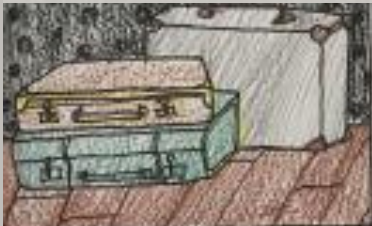
However, his parents supported him living as a boy as a child.

In the 1940's, Alan was able to take synthetic testosterone.

Alan lived in stealth - he didn't tell anyone he was a transgender man - and to avoid being outed, he and Inez had to move and swap jobs a lot. It put too much stress on their marriage, and the two divorced.



My voice has deepened, and I can start growing facial hair!




Alan found out how to use X-rays to diagnose tuberculosis - a very deadly disease in the US. He helped to save millions of lives.

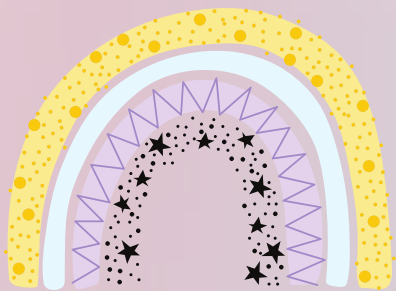
Alan died of heart disease in 1962. His contributions to healthcare were invaluable.

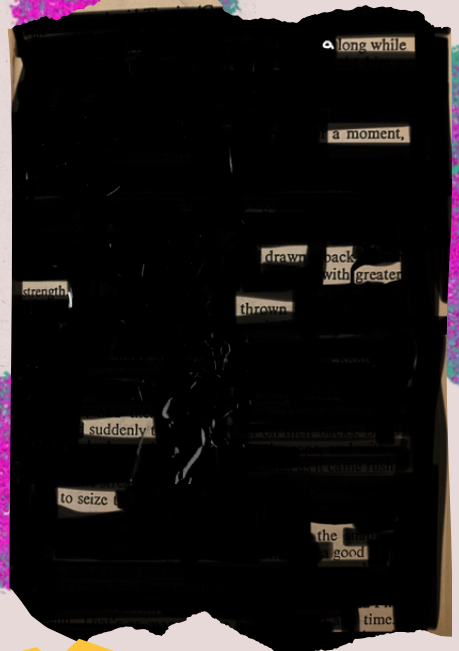
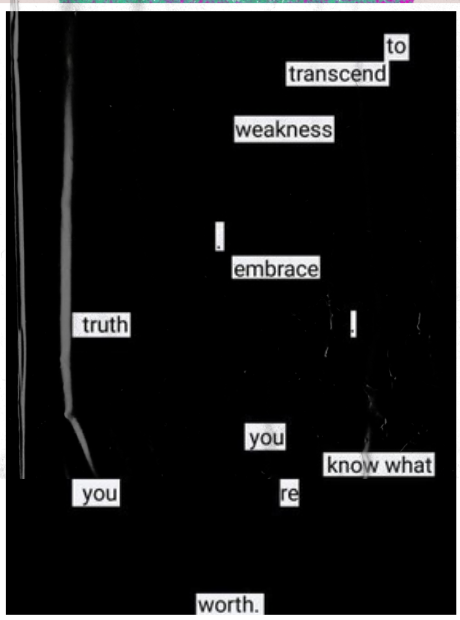


"THEY" BY SKYLER

I'm non-binary
And no it's not a phase
I grew up feeling
Kinda always this way
Something always felt off
And I didn't know what it
was
So I pushed it away
And forgot who I was
I grew up some more
Spent some time alone
Until I discovered something
While scrolling on my phone
People just like me
Feeling the way I felt
Finally being seen
For this thing I had been
dealt
At first I was happy
And then it hit me
The way the world sees me
Would truly hurt me

So I packed it up again
And pushed it away
Hoping it would disappear
Or bother me some other day
Years went by
And it sometimes it crossed my mind
But for no longer than a minute
Before I would hide
Then one day
I heard a name
And for the first time ever
Everything had changed
I tried this name on
like a newly fitted suit
And sure enough
It was true
Like a person who had finally broken
out of their shell
And saw the sunrise just as the
moon fell
Even though some people may find it
hard to understand, and some will
never
I'd like to introduce myself
My name is Skyler 





BLACKOUT

Poetry



We are obligated to accept people, merely to tolerate them.

we've shifted to I'm gay or trans,
accept me for who I am!"
Random strangers owe you tolerance.

I get people are born gay or trans . Dope. That's their gig. Religious people HAVE to agree with that or like it, they're simply obligated to not be dicks about it this post is about how some people are assholes. It's about how we need to love what you do and who you are.

Black, white, straight, gay, whatever you are, whoever you are, sometimes people are going to like you. Sometimes it has nothing to do with your sexuality or gender, and more who you are

I'm just saying, people are owed acceptance. They're owed basic respect

Our group created these during a session on "Blackout Poetry". By covering parts of written texts, we turned harmful statements into positive messages, taking back power over words that had been used against us.

I cringe at the thought.
People around me say it's
normal.

"You're young!"
They tell me.

But the concept feels so
formal.

I'm not the type of person to
know what fork to pick up.
I like the simple things in
life.

A gentle kiss.

A long hug.

Romance is good.

But the other...

Feels wrong.

So yes, I may be young.

But I know my own desires.

Or lack thereof.

I'm Asexual, Your Honor

BY
RACHEL

Pride Looks

by Kenneth



"Please don't leave" by Elliot



Click or scan
to listen!

Bb alt C#m on 5th fret A Dm adle g and e
Em c d f fm

Bb. C#m on 5th A. Dm G7 E
Every day I see your face why can't I get you

Em C.

out of my head.

D. F. Fm

Please go away

C G

I don't wanna hurt you

C G

You've already hurt me

F Fm D

I know its not on purpose Baby

F. Fm. C

Please don't leave

Bb. C#m. A. Dm

I see your smile out the corner of my eye

G7 E. Em. C. D. F. Fm

How can I love you when y'all never love me back

D. F. Fm. Am

I need to stay away

D. F. Fm

Please go away

D. F. Fm. Am

I need to stay away

D. F. Fm

Please go away

C G

I don't wanna hurt you

C. G

You've already hurt me

F Fm D

I know its not on purpose Baby

F. Fm. C. G. D

Please don't leave me now

F. Fm. C. G D

Everything reminds me of you

Bb. Cm. A. Dm G7m E. Em C

Your constant affection makes it harder to let go

D. F. Fm

I still smell like your cologne

G7 E. Em. C. D. F.

How can I do this to myself this forbidden love will kill

Fm

me in the end

C G

I don't wanna hurt you

C. G

You've already hurt me

F Fm D

I know its not on purpose Baby

F. Fm. C.

Please don't leave



Dear past self...

Something I would love to say to you is don't be afraid to try, try dying your hair, try dressing in different ways, try to be kind to yourself in confusing times where you feel pressured to fit into a box. Because when you try, you can always decide that something doesn't work, or that you don't like something so you never have to do it again. If you don't try you have no idea where the world might take you, the people you might meet, or the feelings you might feel- good or bad.

I would also like to ~~thank you~~ for all the work you have put into making me the person that I am today. I want to remind you that for every moment that I regret or look down on you for, there have been many times where I realize that your strength and determination are the reasons that I can now feel much better than before, and that I can be who I always was- with much more confidence. <<<<<<

Much love,



it just feels right

by jules (she/they)

Years ago you asked me questions,
Ones I don't have answers to.

Do you like girls?
Perhaps.
Boys as well?
I guess so.

Make up your mind.
But I can't.
Why not?
It doesn't feel right.

Last month you asked more questions,
Ones I don't have answers to.

Are you a girl?
Maybe.
Then are you a boy?
I don't think so.

You have to make a choice.
I don't want to.

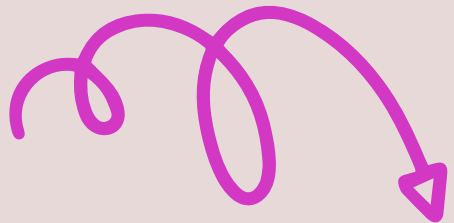
Why not?
It doesn't feel right.

Yesterday you asked another
question,
And I finally decided.

Do you like girls?
I do.
And boys?
Why, yes.

And you're not a girl?
I'm not.
And you're not a boy?
Correct.

I stare in silence,
But you don't ask me why,
You already know the answer,
It just feels right.



it just feels right

by jules (she/they)

Today I asked you a question,
One I hope you have the answer to.

Do you still love me?
I do,
Everything I say is true,
No matter what, I'll always love you.

You are the warmth in every sunset,
And the stillness in the ever-changing sea,
You deserve every blessing from the stars
That you have ever received.

My love, don't forget what I say to you,
Forever, I'll love you with all my might,
But why, you already know the answer,

It just feels right.



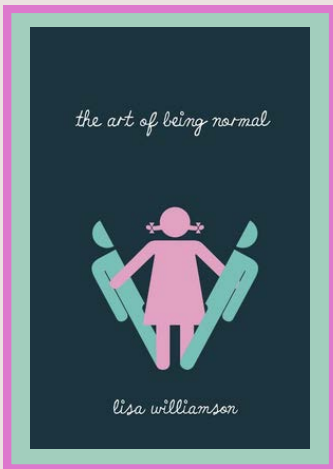
BOOKS + RESOURCES

Here are some recommendations from our team!



Seeing Gender by Iris Gottlieb

JESTER'S PICKS



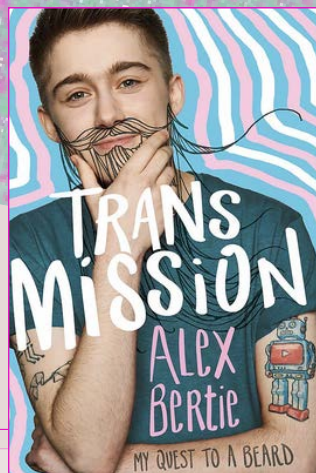
the art of being normal by Lisa Williamson



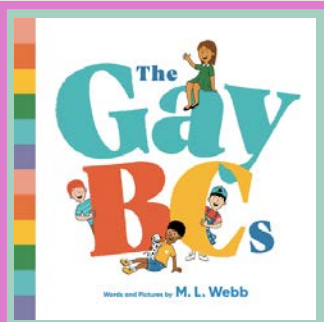
The Trans Self-Care Workbook by Theo Nicole Lorenz

BOOKS + RESOURCES

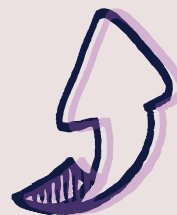
Here are some recommendations from our team!



OLLIE'S PICK

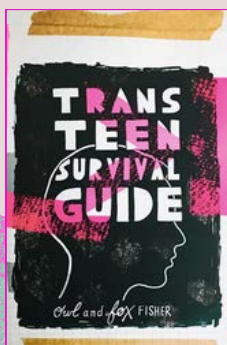
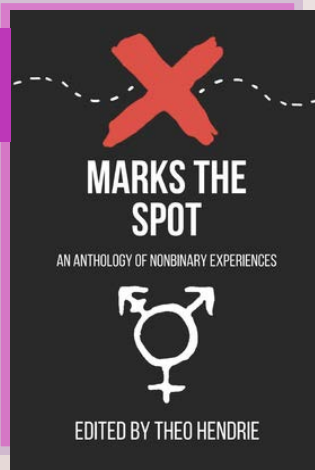


The Gay BCs by M.L. Webb



JONAS'S PICK

X Marks The Spot
An Anthology of Nonbinary Experiences
Edited by Theo Hendrie

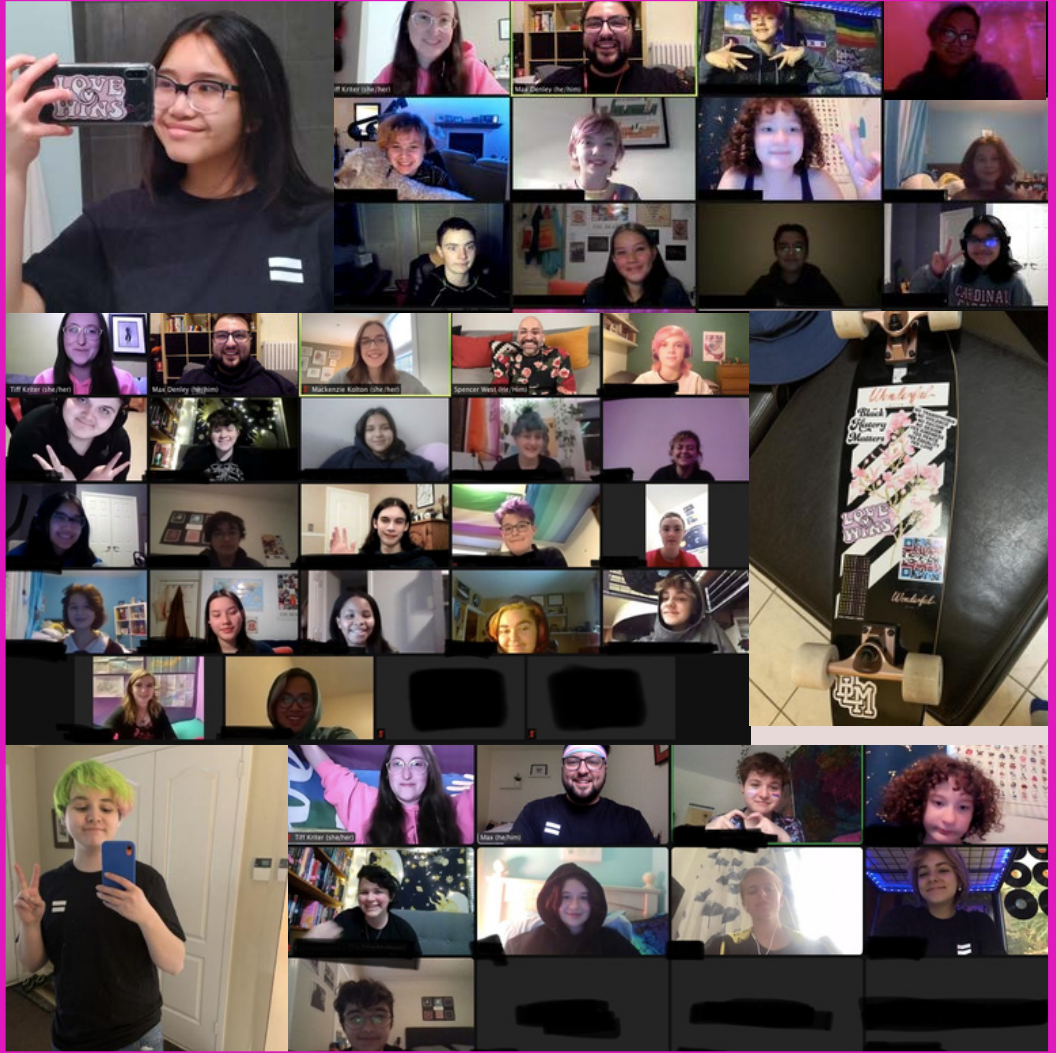


Trans Teen Survival Guide by Owl and Fox Fisher



They Both Die at the End by Adam Silvera

Our Team



THE END

We hope you enjoyed this collection of our words and works. This zine was created by Kenneth, Riley, Morgan, Bea, Skyler, Sen, Kayden, Jester, Elliot, Jules, Jonas, Rachel, AJ, Quinn, Ollie, Callum, and Tyson, with support from facilitators Tiff and Max.

Thanks to TikTok Canada for supporting our program this year!

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<https://www.therealmovement.com/>

"Love is never wrong"
Melissa Etheridge